

# Adults with learning disabilities

## Controlling the cost of supported living



Are night staff needed?

When are service users  
managing independently?

When are staff having the  
greatest effect?

The activity monitoring system  
**that supports independence**

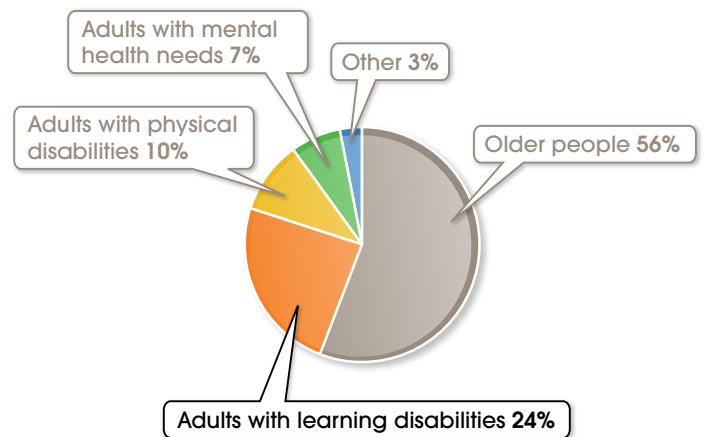
# Tackling costs in supported living

Adults with learning disabilities services account for £1 in every £4 spent on adult social care, and last year, national spend increased by 8% in real terms\*.

There are big efficiency gains to be made in making sure that care staff are deployed effectively, and only when needed. Are night sleeping staff really required? Are care staff supporting independence or taking over?

Activity monitoring gives you a better understanding of when support is required and the parts of the day or night when service users are managing independently. It provides more options for managing the cost of supported living and redesigning services.

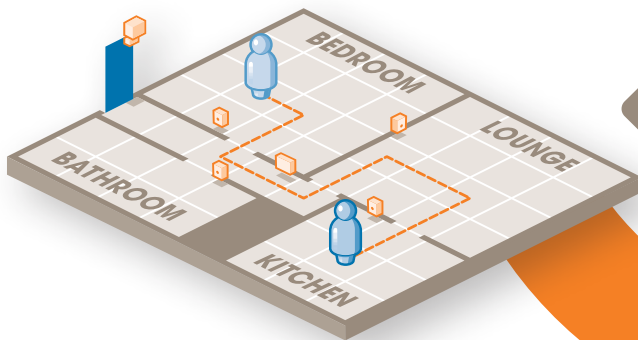
\*Personal Social Services Expenditure and Unit Costs England, 2008-09, The NHS Information Centre, Social Care Statistics, April 2010



% of £16.1bn gross expenditure on adult personal social services, 2008-09.

## How it works

Just Checking uses movement sensors to build a chart of activity in a shared house. You will be able to identify, objectively, who needs support and when. The 24 hour chart is accessed via the internet. The Just Checking kit is simple to install and use.



Movement sensors in the home generate a chart of activity, accessed via secure website.

# Case Study

## Redesigning Services – Roving Night Support

Warrington Borough Council is currently piloting Just Checking in shared houses for adults with learning disabilities. Initially Warrington targeted 6 houses with sleeping night staff, to assess more clearly, what night time support was required.



### Jane Ellis, Group Leader, LD Houses explains

“We put Just Checking in the first house to see what support was needed at night. After a few weeks it proved that there was none, no physical support is required, and that is a massive cost saving.”

### There were other unexpected benefits too:

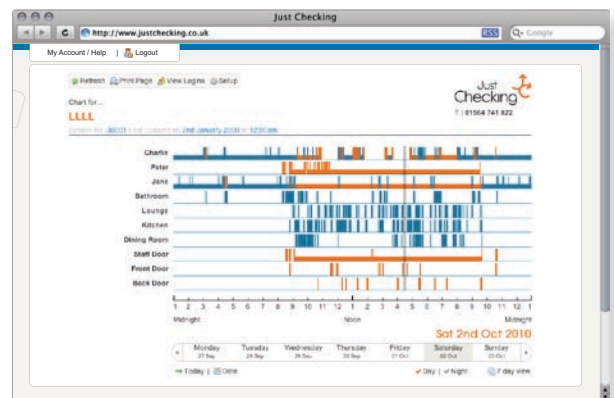
- Care staff were able to ‘see’ more clearly how they can work to promote independence rather than taking over.
- Sharing night time activity charts with the GP and psychiatrist during medical appointments led to more satisfactory treatment for one service user.
- Sharing the activity chart with a service user helped her to understand why she was feeling tired and agitated after a sleepless night, and that a day time nap would help.

The objective data, gathered over several weeks, meant that plans to reshape the service could be made with confidence. With houses in reasonably close proximity, night time risks and needs could be managed effectively with a combination of telecare and roving night staff.

### David Osbourne, Service Manager, LD Service

“The Just Checking charts provide a detailed overview and an additional level of evidence to back up what staff may know about service users. It led to the removal of unnecessary sleeping night staff with concrete evidence to the families that this level of support is not required.”

“In targeting all 6 properties with sleeping night staff there is a potential £80,000 a year saving. From this saving we plan to look at using telecare and employing remote waking night staff to cover these properties so they can respond to situations as required. We envisage a net cost saving of around £40,000 a year”.



## Just Checking Multi-Person

This portable, reusable kit will monitor up to 3 service users (larger versions available) with their own bedroom, shared living rooms and staff room. There are two elements:

- The kit, installed in the house
- Web-service, which receives the activity data and gives on-line access to authorised users



### The Kit

- 3 x service-user rooms (movement sensor + door sensor)
- 1 x staff room (movement sensor + door sensor)
- 1 x bathroom sensor
- 1 x kitchen sensor
- 2 x living room sensors
- 1 x front door sensor
- 1 x back door sensor
- Controller, receives data from sensors, uploads to web-server via integral mobile phone unit. Plugs in to mains power socket
- Velcro pads
- Carry case

### Cost:

Kit £1090.00  
1 year web-service £642.00  
Total for 1st year £1732.00

**OR** 3 year bundle, covers the kit, 3 years web-service and kit warranty for year 2 and 3 (year 1 included with the kit) £2913.00

Equivalent to **£6.22 per service user per week**  
Prices exclude VAT.

### Features:

- No telephone line or broadband required.
- Data uploaded every 5 minutes
- Radio based sensors, no wiring, installed with supplied Velcro pads.
- View charts on-line or via smart phone

### Web-service and Helpline

The web-service provides password-protected access to the activity charts and the features to set up and manage each installation. It retains the historical data and provides information about when and where the kit was used. The helpline provides support for your staff when they are installing or using the system. The web-service is paid annually, or for 3 years (see 3 year bundle) and covers:

- Access to activity charts and management system
- Unlimited log-ins, controlled by your staff
- Helpline for staff
- All mobile network charges
- Replacement batteries for sensors (automatic reminder and despatch)

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