**Just Checking** provides a chart of daily living activity, via the web.

If you’re concerned about a family member who lives alone and is becoming forgetful, Just Checking will give you a better understanding of daily living patterns, without being intrusive or invading privacy. Most people maintain a good daily routine in the familiarity of their own home, and may be managing better than you think.

**How it works**
Small wireless sensors in the main rooms of the house generate a chart of activity as the person goes about their daily life. Logging in will show you when a person:

- **Bedroom:** went to bed, got up and whether they had a disturbed night...
- **Kitchen:** visited the kitchen to prepare meals...
- **Hallway:** received expected visitors or care calls...
- **Front Door:** left the house and for how long...

**Alerts**
Once you have the overall picture you can set up text or email alerts for circumstances where you might need to take a closer look.

- Not up and about
- Visitor late
- Door left open
- Exit

Used wisely, Just Checking will help you to support independence and share the care between family members and other care services. Remember though, Just Checking does what it says on the box; it is not an emergency alarm system.
Easy to install

- Self-install - video on our website
- Sensors attach to doorframes and walls with Velcro
- Controller plugs in to electrical socket
- No broadband or telephone line required

What’s in the kit:

- 5 movement sensors
- 2 door sensors
- Controller, sends data via mobile phone network to our web-server
- Velcro pads

What’s in the web-service:

- Data uploaded in real time through mobile network
- All network charges covered
- View charts on-line, secure website
- Configurable email or text alerts
- Set up multiple family users

Rent for just £3 a day

Prices include VAT. If the person you are buying the system for is chronically sick or disabled, you may be eligible for VAT relief. Check notice 701/7 VAT Relief for disabled people on the HMRC website, or there is a link from our website.

Rent

- £90 a month (£75 excl. VAT)
- £300 refundable deposit (£250 excl. VAT)
- No contract tie-in

Our 14 day money back guarantee means you can try Just Checking risk free. If it is not for you, let us know within 14 days of receiving the kit and we’ll cancel the subscription. We’ll even send you a Freepost package to return the kit. Once we have the kit back in full working order, we’ll refund your deposit and any relevant subscription costs. See our website for full details.

What’s the best way to discuss this with my mum, dad or relative? Try our sheet ‘What you should know about Just Checking’ downloadable from our website.

Buy on-line or phone

01564 785100

www.justchecking.co.uk

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