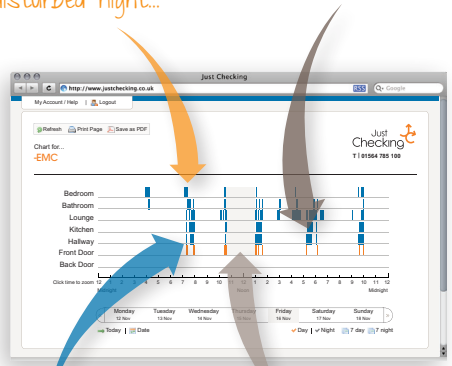
How it works

Small wireless sensors are placed in the main rooms around the house. As your relative goes about their daily life, the sensors generate a chart of their activity.

Logging into the chart through our secure Just Checking website shows you when a person:

Bedroom:
went to bed, got up and whether they had a disturbed night...

Kitchen:
visited the kitchen to prepare meals...



Hallway:
received expected visitors or care calls...

Front Door:
left the house and for how long...

See how it works in just one minute
www.justchecking.co.uk

Just Checking...

"was extremely helpful and helped us to keep Mum at home for more than 2 years"
HC, Leicestershire

"proved invaluable. It was unobtrusive, but most effective. I was able to monitor Dad's movements but he still retained his privacy. Being able to check that he was safe in his cottage and to be sure that he'd gone to bed each night and wasn't wandering the streets gave me peace of mind, which I hadn't had for months."
GC, Birmingham

"I soon learnt to read the behaviour patterns and know when to let her be and when to be there."
VP, North Yorkshire

"wonderful to have during those difficult years when my mother badly wanted to remain in her own home. It saved a lot of pointless cross-examination and speculation."
HL, Bristol

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Just Checking

Is someone you love becoming forgetful?

The online activity monitor that helps people stay at home

Just Checking

The easy way to care when you're not there

Just Checking is an easy-to-use online activity monitoring system. And it's much more than that. It's the chance for family members to stop worrying and a way for older relatives, who are getting more forgetful, to live as they've always done – in the comfort of their own home.

There are no cameras or microphones, just simple motion detectors that create an easy-to-read activity chart that lets you know everything is fine. You can access the chart quickly and easily through our secure online service.

Just Checking isn't snooping on your family; it's the closest thing to being with them 24/7. It can quickly tell you that Mum, Dad, or whoever, is managing better than you think and can even help you decide how best to provide additional support.

Easy to install

Just Checking includes five movement sensors, two door sensors and the 'controller'. There's no wiring; sensors are attached to paintwork, like a doorframe, using Velcro, while the controller simply plugs into a spare electrical socket.

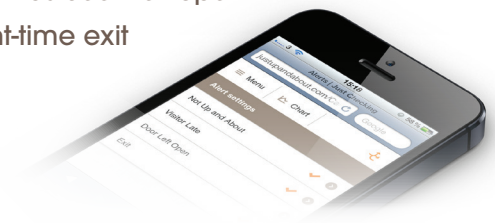
- No broadband or telephone line required
- No mobile network charges
- Easy to set up text or email alerts
- Set up as many family users as you like
- No contract tie-in

Simple 3-step setup

The care needn't stop there

You will be able to see that care arrangements are taking place as planned, and you can set up text or email alerts for:

- No signs of activity in the morning
- A care visit hasn't arrived
- A door has been left open
- A night-time exit



What does it cost? Or rather what does it save?

You can enjoy peace of mind of Just Checking for just £3 a day.

With the average cost of a care home at more than £70 a day, it will make a big difference if you can keep your loved one in their own home for as long as possible.

Want to know more?

You'll find more details at:
www.justchecking.co.uk

Feel free to give us a call on
01564 785100 We're here to help!

www.justchecking.co.uk